

Down to Earth

Sustainable & Safe September Challenge

Trade out one type of single use plastic

Reuse glass jars for bulk goods

Start using a reusable straw

Bring reusable shopping bags everywhere

Start a compost pile

Buy vintage/thrift store clothes instead of new ones

Bring reusable utensils wherever you go

Share a meatless breakfast pic on Instagram

Recycle!

Buy an organic version of a household essential

Watch an inspiring environmental documentary

Share a meatless lunch pic on Instagram

Plant a native tree

Talk to keiki about reducing waste

Analyze your trash. Is there anything you can find a more sustainable version of?

Clean up 20 pieces of rubbish around your neighborhood

Try a new plant based recipe

Ride a bike or walk instead of driving

Use a reusable water bottle instead of buying plastic

Make sure to turn off lights and devices before going to bed

Read a book about living sustainably

Learn the name of one farmer that you get produce from

Read an article about Food Waste

Fix something instead of replacing it

Use reusable produce bags

Share a meatless dinner pic on Instagram

Make a DIY Natural Cleaner

Donate clothes or household goods instead of throwing them out

Buy a local version of a household essential

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